

JOY ALLEN

HOMETOWN: RALEIGH, NORTH CAROLINA
OCCUPATION: CLINICAL RESEARCH OVERSEER
EDC: KIMBER MICRO 9

U SCCA Training Counselor Dr. Joy Allen has a special message for new gun owners: “There is more to self-defense than carrying a gun. Don’t let the fact that you carry give you a false sense of security ... if you’re not properly trained, your gun is a liability.”

Allen fears that this is all too common, especially in cases of domestic abuse and violence against women. She wants women to know that simply owning a gun isn’t going to protect them.

“You have to know how – and be ready – to use it,” she noted.

To this end, Allen founded InHER Piece, a shooting club for women. According to the organization’s website, “The shooting club provides opportunities for all women to learn about shooting sports and Second Amendment liberties.”

Allen also operates E3 Personal Defense, a firearms training program she founded in 2017 with the support of her husband, Chris. Three “e” words form the mission statement: Educate. Empower. Enthuse. But a fourth “e” – exercise – could easily be added to reflect Allen’s stalwart defense of the Bill of Rights.

“If you don’t exercise your rights daily, they may not be there when you do need them,” the affable and eloquent trainer shared. “All of our rights have battles behind them. Our ancestors fought to give them to us. It is up to each of us to preserve them.”

In addition to her busy training schedule, career and family obligations, Allen remains involved in enriching the lives of those in her community through ministry, encouragement and outreach.



SOURCES:

InHER Piece: InHERPiece.com

E3 Personal Defense:

E3PersonalDefense.com

